

## Humboldt State Men's Lacrosse Club

Dear Interested Player,

Please read the following information thoroughly as it will get you on your way to becoming a full fledged member of HSU lacrosse:

- It is **mandatory** that all players be currently enrolled as a student at HSU for 12 Units and **maintain a GPA of at least 2.0**. You will not be allowed to maintain your roster slot or play in any games without meeting these academic requirements.
- Each player must have their own individual health insurance, either through parents, work, or HSU. It is **mandatory** that we have a signed and updated Release/Liability form on file for each player. This form can be found and downloaded as attachment on the website under "HSU Club athlete forms". Please download this form and turn it in the first day of practice.
- Each player also needs to become a member of US Lacrosse. This is for your protection as well as that of your coaches, teammates and the entire program. It is your responsibility to maintain your membership and keep track of your expiration dates to ensure that you are covered for the duration of the season. The website for US Lacrosse is [www.uslacrosse.org](http://www.uslacrosse.org).
- Players are responsible for bringing proof of their US Lacrosse membership to the first practice. This includes email confirmation of registration and renewal, membership card, or the front page of the USLAX magazine which should have your membership status on the address label.
- Each player must register for the course and pay team dues. This is a PE course and you must show up to receive a passing grade. In addition to the \$25 fee HSU charges, the club dues are \$600.00 per player for the Spring 2010 season. Dues cover all travel expenses for games such as hotel and vans (not meals), practice jerseys, balls, field rental, nets, and other team related expenses.
- Players are responsible for purchasing their own equipment with team colors. The team gets discounted gear when it purchases equipment from South Swell Sports, so please visit their site @ <http://www.southswellsports.com/>
- Players must provide the coach with a current copy of their academic transcripts to submit to WCLL league officials (unofficial transcripts are all that is needed).

If you have any questions about these requirements, please email me

Tony Silvaggio  
Head Lacrosse Coach  
Humboldt State University Men's Lacrosse Club  
[avs1@humboldt.edu](mailto:avs1@humboldt.edu)

**HUMBOLDT STATE UNIVERSITY MEN'S LACROSSE CLUB**  
**Player Registration Form**

**Player Name:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**High School Team :** \_\_\_\_\_

**Hometown:** \_\_\_\_\_

**Player Birth Date:** \_\_\_\_\_

**Home Phone#:** \_\_\_\_\_ **Cell#:** \_\_\_\_\_

**Player Email (please write CLEARLY!!):** \_\_\_\_\_

**HSU Student ID Number:** \_\_\_\_\_

**USLAX#** \_\_\_\_\_ **Exp. Date:** \_\_\_\_\_

**\*\*\*Please remember, you are responsible for keeping this number current.**

**Office only: Check #** \_\_\_\_\_ **Amt.** \_\_\_\_\_ **Date rec'd** \_\_\_\_\_