



Humboldt State University Lacrosse Club, in partnership with the Center for Indian Community Development, Seventh Generation Fund, and the NorCal Lacrosse Foundation, are hosting a free lacrosse camp for youth ages 9-18 with the Iroquois Lacrosse Program, in Arcata, CA, on July 19 & 20, 2011. The program includes a cultural and historical education of lacrosse, fundamentals of the sport, and the importance of staying active and encouraging healthy eating and lifestyle habits with an emphasis on keeping it fun and interactive. To learn more about the Iroquois Lacrosse Program camp email [dra19@humboldt.edu](mailto:dra19@humboldt.edu).



### Monday, July 18th (Overnight participants only)

Check in	2:00 p.m.—5:00 p.m.
Dinner	5:00 p.m.—6:30 p.m.
Evening Activity	6:30 p.m.

### Tuesday, July 19th

Breakfast (Overnight Campers)	7:00 a.m.—8:30 a.m.
Walk (Overnight Campers) <i>To Arcata Sports Complex</i>	8:30 a.m.—9:00 a.m.
Morning Session	9:00 a.m.—12:00 p.m.
Lunch	12:00 p.m.—1:00 p.m.
Afternoon Session	1:00 p.m.—4:30 p.m.
Walk <i>To HSU</i>	4:30 p.m.—5:00 p.m.
Dinner	5:00 p.m.—6:30 p.m.
Evening Session	6:30 p.m.—9:00 p.m.

### Wednesday, July 20th

Breakfast (Overnight Campers)	7:00 a.m.—8:30 a.m.
Walk (Overnight Campers) <i>To Arcata Sports Complex</i>	8:30 a.m.—9:00 a.m.
Morning Session	9:00 a.m.—12:00 p.m.
Lunch	12:00 p.m.—1:00 p.m.
Afternoon Session	1:00 p.m.—3:00 p.m.
Exhibition / Demo	3:00 p.m.—4:30 p.m.
Walk <i>To HSU Events Field</i>	4:30 p.m.—5:00 p.m.
Dinner	5:00 p.m.—6:30 p.m.
Check out. Pick up at HSU Events Field by 6:30 pm.	6:30 p.m.

Camper Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

e-mail \_\_\_\_\_

Shirt Size (circle one)    Adult    S    M    L    XL    XXL

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

#### Housing

\_\_\_\_\_ Please check here if your child is traveling from out of the area and needs to be housed.

Housing is limited to the first 100 participants and is available on a first come first serve basis.

mail to: **Humboldt Lacrosse Club**

**P.O. Box 4254**

**Arcata, Ca 95518**

For electronic registration contact Camp coordinator Darrel Aubrey at [dra19@humboldt.edu](mailto:dra19@humboldt.edu)

**Release Agreements form for HSU Lacrosse Club Camp** (Assumption of Risk/Health Statement/Liability Waiver)

**Notice:** This waiver is a contract with legal consequences. Read it carefully before signing. If there are any questions concerning this document, contact the Lacrosse camp coordinator.

In Consideration of my Son/Daughter to participate in the Lacrosse Club Camp, I hereby freely agree to make the following contract agreements.

In agreeing to allow my Son/Daughter to participate in the Lacrosse Club Camp at Humboldt State University, I am aware of knowledgeable of the risks of this activity, and other risks and dangers which may occur, including but not limited to hazards of travel, acts of god, accident, illness, physical and or psychological injury, property loss, temporary or permanent disability, or even death. I understand and agree that my Son/Daughter may be in situations that may arise during an activity which may be beyond control. I fully realize and voluntarily assume all the risks associated with such participation. In consideration of my Son/Daughter acceptance as a participant in such a sport camp, I hereby release, forever discharge and agree to hold harmless the State of California, Humboldt State University, Redwood Conference Center, HSU Lacrosse Club, its officers, employees, departments and agents from any and all liability, claims, suits or damages, including attorney's fees resulting from my Son/Daughter's participation in the sport camp. This contract shall serve as a result of any court action arising from my Son/Daughter's participation in the HSU Lacrosse Club Camp.

**I have read and understand (Initial here)** \_\_\_\_\_

I agree that it is my sole responsibility to be familiar with the physical and/or mental demands associated with the above named camp, with these demands in mind, to my knowledge, my Son/Daughter, does not have a physical or medical condition which would endanger him/her or others due to his/her participation in this activity, or would interfere with his/her ability to participate in the activity. I understand that the Lacrosse Club Camp at Humboldt State University has not made, nor will make any investigation into the participant's physical fitness or the ability of the participant to participate in the activity and is relying on your representation concerning the participant's physical and mental condition. I also agree to that my Son/Daughter will abide by any established rules or regulations, while participating in this activity.

**I have read and understand (Initial Here)** \_\_\_\_\_

I hereby declare that my Son/Daughter is physically capable to be a member of and participate in the Lacrosse Club Camp at Humboldt State University, furthermore, in the event of accident or illness of an emergency nature, and because I may be unable to select or approve of the required medical treatment, I do hereby authorize the organizations officers, event organizers or representatives of HSU to arrange for such care as is available and necessary; and do further release and forever discharge the providers of such care and the State of California, California State University, Humboldt State University, Redwood Conference Center, Center for Indian Community Development, Its officers, employees and agents from any and all claims, demands, and causes of action arising out of said authorization.

**I have read and understand (Initial here)** \_\_\_\_\_

1. Please list any physical disabilities, conditions, past injuries or any other physical limitations which could limit your Son/Daughter's participation in any way. (If there is any doubt whatsoever about your child's ability to safely participate in this activity, he/she should have a physical examination by a physician):

2. Please list any allergies or medical alert information: \_\_\_\_\_

3. In case of emergency notify: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

4. Insurance Carrier: \_\_\_\_\_

Policy #: \_\_\_\_\_

I am aware that Humboldt State University does not provide medical insurance coverage and therefore take full responsibility for my child's medical insurance, furthermore, I understand that health insurance covering most off campus care is available for purchase through the associated students and is highly recommended by the University. I understand that all expenses, charges, or cost which might result from injury or illness are fully my responsibility.

**I have read and Understand (Initial Here)** \_\_\_\_\_

I have carefully read this form and understand its contents. I am aware this is an assumption of risk, a health statement and a liability waiver. It is an agreement not to sue for negligence and contract between myself and the Lacrosse Club Camp. I also hereby acknowledge that this agreement shall be governed and construed in accordance with California Law and each party hereby irrevocably submits to the exclusive jurisdiction and service of the process to the California Courts, I further acknowledge that I am 18 years or older and am the parent of legal guardian of the participant for the benefit of others described herein, I sign it of my own free will.

**I have read and Understand (Initial Here)** \_\_\_\_\_

Participant's Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Drop Off and Pick up

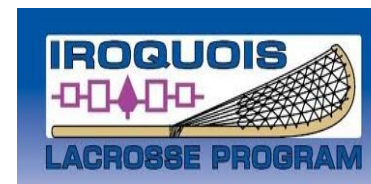
Day Camper check-in is at the Arcata Sports Complex Fields, between 8:30—9:00 am July 19 & 20, 2011.

Day Campers Pick-up July 19 will be 4:30 pm at the Arcata Sports Complex Fields & July 20 at the Events field, HSU campus at 6:30 pm.

Overnight campers drop off is on Monday, July, 18th between 2-5 at the Jolly Giant Complex lobby. Pick-up is by 6:30 the 20th at the HSU Events Field.

## Questions or more information

For questions contact Darrel Aubrey at the Humboldt State Universities Center for Indian Community Development at 707-826-3711 or email at dra19@humboldt.edu



## Lacrosse Camp At Humboldt State University July 19th and 20th



## Free Ages 9-18 Boys and Girls

NO PLAYING EXPERIENCE NECESSARY

For questions or electronic registration contact Camp coordinator Darrel Aubrey at (707) 826-3711 dra19@humboldt.edu